

**Curriculum Vitae  
S. Rachelle Plummer**

**St. Louis Behavioral Medicine Institute  
16216 Baxter Road, Suite 399  
Chesterfield, MO 63017  
636-532-9188**

**E-Mail Address**

[srplum1@aol.com](mailto:srplum1@aol.com)

**Website**

www.slbmi.com

**Education**

B.A., Georgetown College, 1995

M.S., Eastern Kentucky University, 1997

Internship in Clinical Psychology, Wright State University-Children's Medical  
Center, 2000-2001

Psy.D., Forest Institute of Professional Psychology, 2001

Post-Doctoral Residency, St. Louis Behavioral Medicine Institute, 2001-2002

**License**

Missouri #2002022739 as a psychologist, 2002-2004

Kentucky #1290 as a psychologist since 2003

Missouri #2006034886 as a psychologist since 2006

**Professional Organizations**

American Psychological Association

Psi Chi National Honor Society

## **Present Position**

**St. Louis Behavioral Medicine Institute:** The position involves conducting individual child and adolescent psychotherapy specializing in the treatment of pervasive developmental disorders, mood disorders, and severe behavior disorders; conducting forensic evaluations in conjunction with the Forensic Evaluation Division. St. Louis Behavioral Medicine Institute, 16216 Baxter Road, Chesterfield, Missouri 63216 (2006-present).

## **Previous Clinical Experience**

**Bluegrass Regional Mental Health-Mental Retardation Board: Child Guidance Service:** Conducted individual child and adolescent psychotherapy with diverse populations in a Community Mental Health Center setting; provided psychological evaluations for learning and mental health disorders; conducted forensic evaluations for juvenile offenders; provided court testimony; supervised Master's Level Psychological Associates; school consultations, including participation in IEP development, consultations with teachers, counselors, social workers, and physicians regarding clients, and emergency on-call duties; and participated in multi-disciplinary team meetings. Lexington, Kentucky (2002-2006).

**Community Action Council-Early Headstart and Headstart Program:** Provided psychological evaluations for children in multiple Headstart Programs; classroom behavior observations; consultations with parents and teachers regarding mental health issues in observed students; provided seminars for Headstart teachers and community workers regarding early childhood mental health (ages 1-5). Lexington, Kentucky (2002-2006).

**Bluegrass Comprehensive Care Center:** Conducted child and adolescent psychotherapy for behaviorally and emotionally disturbed children and adolescents; individual and group treatment; diagnostic interviewing of patients; crisis intervention; school consultations; in-home consultations; parent consultations; developed, facilitated, and co-facilitated child, adolescent, and parent group therapies; co-facilitation of parenting group; attended weekly staffing sessions with multi-disciplinary treatment team. Versailles, Kentucky (May 1997-August 1997).

**Columbia Behavioral Health Network:** Assisted members of interdisciplinary team in the delivery of patient care through the process of assessment, planning,

implementation, and evaluation; conducted activities on adolescent and adult activities and psychoeducational group sessions; assisted patients with daily goals and implementation of treatment plan goals; charted individual adolescent and adult progress; physical crisis intervention; case intake coordinator; emergency referral on adolescent and adult inpatient units; attended staffing sessions with multi-disciplinary treatment team. Paris, Kentucky. (January 1995-May 1996).

### **Supervised Clinical Experience**

**Forest Human Services Center:** Conducted adult, adolescent, child and family psychotherapy; individual and group treatment; psychological testing, interpretation, and report writing; diagnostic interviewing of patients; documentation of individual patients' progress; attending practicum meetings; supervision of second-year practicum students. Springfield, Missouri (1998-2000).

**Parenting Place:** Facilitation of a variety of groups, including basic parenting skills, stages of child development, discipline techniques, parenting stress, and parenting the difficult child. Springfield, Missouri (April 1999-December 1999).

**Family Violence Center, Inc.:** Conducted adult, family, adolescent, and child psychotherapy; individual and group treatment; developed, facilitated and co-facilitated adult, adolescent, and child group therapy. Springfield, Missouri (February 1999-September 1999).

**Bluegrass Comprehensive Care Center:** Conducted adolescent and child individual and group psychotherapy for behaviorally and emotionally disturbed children and adolescents; developed, facilitated, and co-facilitated group therapies; psychological testing, interpretation, and report writing; diagnostic interviewing of patients; crisis intervention; school consultations; in-home consultations; parent consultations; co-facilitation of parenting groups; and attended weekly staffing sessions with multi-disciplinary treatment team. Versailles, Kentucky (January 1997-May 1997).

**Bluegrass South Comprehensive Care Center:** Conducted individual psychotherapy with children group psychotherapy with children; diagnostic interviewing of patients; crisis intervention; school consultations; parent consultations; psychological testing, interpretation, and report writing. Irvine, Kentucky (August 1996-December 1996).

**Eastern Kentucky University Psychology Clinic:** Conducted adult, adolescent, and child psychotherapy; psychological testing, interpretation, and report writing; diagnostic interviewing of patients. Richmond, Kentucky (January 1996-December 1996).

**University Counseling Center-Eastern Kentucky University:** Conducted adult psychotherapy; diagnostic interviewing; academic and vocational counseling; psychological testing, interpretation, and report writing; emergency referral. Richmond, Kentucky (January 1996-May 1996).

**Columbia Hospital Behavioral Health Network:** Observed adult, adolescent, and child psychotherapy; observed and participated in activities on adolescent and adult units; conducted psychoeducational groups with adults and adolescents; observed test administration; attended staff and interdisciplinary treatment team meetings. Paris, Kentucky (August 1994-May 1995).

### **Instructing and Training Experience**

**University of Kentucky, Lexington Community College:** Instructed a survey course in general psychology that covered an introduction to the history, methods, and content of modern psychology. Topics included the history and systems of psychology, psychological research, physiological psychology, psychological process, developmental psychology, personality, abnormal behavior, and social psychology. Lexington, Kentucky (2003)

**National Institute of Mental Health and Neurosciences:** Observations and consultations with psychologists viewing mental health practices abroad, developing international professional relationships, and exchanging mental health research/treatment information. Bangalore, India (January 2004-February 2004).

### **Research Experience**

**Obsessive-Compulsive Disorder in Children: A Comprehensive Treatment Manual:** extensive literature review on obsessive-compulsive disorder in children; description of disorder for parents, teachers, and mental health professionals; treatment information regarding obsessive-compulsive disorder in children; treatment handouts and information specifically developed for parents, teachers, and mental health professionals. (2001)

**Predictions of Criminal Behavior: A Psychological, Biological, and**

**Sociological Perspective:** conducted extensive literature review of predictions of criminal behavior; identified specific areas to assist mental health professionals in predicting criminal behavior. (1995)

### **Presentations**

**Malingering Presence and Impact, How Can We Be Sure?:** presented information to attorneys regarding the psychological assessment of malingering in forensic evaluations. Bar Association of Metropolitan St. Louis, St. Louis, MO, March 6, 2008 and Brinker and Doyen L.L.P., Clayton, MO, October 19, 2007.

**The Effects of Trauma on Children:** presented information to psychologists, social workers, and case managers on multiple types of trauma and the psychological impact on children. St. Louis, Missouri (2007).

**The Impact of Domestic Violence on Children:** presented information to teachers, social workers, and case managers about the significant impact of domestic violence on children psychologically and developmentally. Lexington, Kentucky (2005).

**Basic Parenting Skills:** five week course; taught fundamentals of parenting including developmental milestones, limits and consequences, effective communication strategies; and identification of appropriate coping skills and available resources. Springfield, Missouri (1999).

**Parenting Stress:** presented information to Head-Start parents and teachers about stress and parenting; provided information about handling stress as a parent as well as specific ways of coping with the stress. Springfield, Missouri (1999).

**Self-Esteem and Children:** presented information to Head-Start parents and teachers about children and ways to identify high and low self-esteem; provided information about ways to increase self-esteem in children. Springfield, Missouri (1999)